# **Registration Information**

A minimum of 20 registrations are required to offer this workshop, so please sign up early or have us reserve a place for you. Class is limited to 40 registrants. Registration and payment must be received by Sept. 23, 2009 to get the Early Bird rate.

### **Workshop Schedule**

Friday, October 2, 2009\*

7:30 a.m. - 8:30 a.m. – Onsite Registration 8:30 a.m. - 4:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch on your own

Saturday, October 3, 2009\*

8:30 a.m. - 4:00 p.m. - Workshop 12:00 - 1:00 p.m. - Lunch on your own

\*Continental breakfast provided both days

### **Workshop Location**

DOUBLETREE HOTEL BOISE RIVERSIDE

Liberty Room, second floor 2900 Chinden Blvd., Boise, ID 83714

#### **CEUs/CE Graduate Credit Available**

- NBCC credit for counselors through Intermountain Hospital provider – 12 hours
- Social Workers 12 hours through ISCSW (LSW, LMSW, LCSW levels)
- 1 graduate continuing education credit from Northwest Nazarene University – register for credit onsite (\$65 fee).

# **Cancellation Policy**

Unable to give refunds after Sept. 27, 2009.

# **Special Accommodations**

Please contact Tom McIntyre by Sept. 23 at (208) 344-7194 if you need special accommodations.

### **Hotel Accommodations**

Participants need to secure their own accommodations. Reasonably priced nearby motels: **Budget Host Inn**, 800 Overland Rd., Boise, ID 83709, (800) 733-1418, **Motel 6**, 2323 Airport Way, Boise, ID 83705, (208) 344-3506.

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Idaho Society of Individual Psychology Post Office Box 284 Boise, Idaho 83701-0284

Manyone trained in Adlerian Psycholo "Anyone trained in Adlerian they "Anyone trained to do the first time they knows what to do the first time they knows what to process."

SPECIAL RATE – IF YOU ARE A SERIES GRADUATE, OR, WANT TO REPEAT THIS WORKSHOP – FEE IS ONLY \$50! Idaho Society of Individual Psychology presents

# ADLERIAN PSYCHOTHERAPY



Friday, October 2, 2009 Saturday, October 3, 2009

**BOISE, IDAHO** 

# Adlerian Psychotherapy - Registration -

**Registration Fee:** \$145 (includes ISIP membership) 20% discount offered for 3 or more regular registrants from the same agency when sent together.

**Full Time Student:** \$50 (group discount not available)

Student's Professor's Signature

# SPECIAL RATE – IF YOU ARE A SERIES GRADUATE, OR, WANT TO REPEAT THIS WORKSHOP – FEE IS ONLY \$50!

Name:
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E-mail:*
Profession/License
Agency/Institution
To register, detach this completed form and mail with

To register, detach this completed form and mail with your payment.

Make check payable to ISIP. Mail payment and completed registration form to:

Tom McIntvre

828 E. Pennsylvania Drive, Boise, Idaho 83706

To Register online, go to www.adleridaho.com

# Early Bird Registration deadline: Sept. 23, 2009. Add Late Charge of \$25 after September 23rd.

A \$25 returned check fee must be assessed for insufficient funds. For questions or additional information, contact Tom McIntyre, Executive Director, ISIP at (208) 344-7194 or by e-mail at <a href="mailto:tommyttom@cableone.net">tommyttom@cableone.net</a>.

\*Please note: Confirmation is sent via e-mail only.

# Featured Speaker: Dr. Steven A. Maybell, PhD

Dr. Steven A. Maybell holds a Doctorate in Counseling Psychology and Bachelor and Masters degrees in Social Work. He has earned Diplomate standing in Adlerian Psychology (NASAP), Clinical Social Work (NASW), and Professional Psychology (IABMCP) and is an American Association of Marriage and Family Therapy Approved Supervisor. He brings over 35 years of experience as a therapist, parent educator, clinical supervisor, director of counseling programs, professor, and

author. Currently Dr. Maybell is the Director of the Student Counseling Center and faculty member at Seattle Pacific University, and in private practice.

Dr. Maybell has authored numerous publications including "Raising Respectful Kids in a Rude World" (Prima 2001) and "Calming the Family Storm" (Impact 2005). Dr. Maybell has been teaching Adlerian Psychology for over 25 years. His consistently positive evaluations are a testimony to his ability to make Adlerian Psychology practical, accessible, and relevant to today's world and today's problems.

# **About this Learning Opportunity**

The Idaho Society of Individual Psychology has been in existence since 1977. In recent years, ISIP's membership has grown primarily due to the interest of social workers of all levels in the training and opportunities for credits, both CEU and graduate. ISIP is dedicated to bringing quality education to practitioners in order to increase their professional skills in serving a wide variety of client needs.

The Series described below began in Boise, October 2001, with over 140 graduates to date. The Series began in Lewiston, May 2004, and in Pocatello May 2005.

The series of workshops leading to a *Certificate in Professional Studies of Adlerian Psychology* are:

- #1 "Adlerian Theory of Personality Development and Family Functioning"
- #2 "Adlerian Psychotherapy"
- #3 "Adlerian Couple and Family Therapy"

These workshops <u>may be attended in any order</u>. Completion of all three workshops, plus attendance at one ISIP Annual Conference, enables an individual to receive the *Certificate in Professional Studies of Adlerian Psychology*.

"Anyone trained in Adlerian Psychology knows what to do the first time they sit down with a client and through the process."

Wes Wingett, Ph.D. & Steven Maybell, Ph.D.

# **Workshop Description**

Learn the process of Adlerian Psychology including developing the helping relationship, assessing the lifestyle of the client and identifying strategies for change.

# "Adlerian Psychotherapy" Course Objectives

- Understand how Adlerian Theory applies to the practice of psychotherapy
- Understand the four-phase model of Adlerian Psychotherapy
- Understand the principles of the helping relationship "Adlerian Style"
- Understand the central focus of Lifestyle Assessment (the Psychoclarity Process) including the ability to utilize a structured Lifestyle Assessment Interview Guide and the Lifestyle Summary
- Understand respectful approaches for creating insight
- Understand the process and methods involved in facilitating reorientation in psychotherapy